



High School



Milk
1%
Fat free

OFFERED DAILY:

Fruit
Assorted Fresh Fruit
Fruit cup
100% Fruit Juice 2x week

Assorted Cereal

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

School Closed

3

Breakfast Cereal Meal Kits

4

Fresh Bagels
Cream Cheese & Jelly

5

Egg & Cheese
Sandwich
On a WG Bun

6

Assorted Muffins
Cheese Stick

9

Assorted Upstate
Yogurt & Granola
Craisins

10

Pancakes
Served with Syrup

11

Fresh Bagels
Cream Cheese & Jelly

12

Egg & Cheese
Sandwich
On a Croissant

13

Assorted Muffins
Cheese Stick

16

School Closed

17

Assorted Upstate
Yogurt & Granola
Craisins

18

Fresh Bagels
Cream Cheese & Jelly

19

Egg & Cheese
Sandwich
On a WG Bun

20

Assorted Muffins
Cheese Stick

23

Assorted Upstate
Yogurt & Granola
Craisins

24

Pancakes
Served with Syrup

25

Fresh Bagels
Cream Cheese & Jelly

26

Egg & Cheese
Sandwich
On a Croissant

27

Assorted Muffins
Cheese Stick

30

Assorted Upstate
Yogurt & Granola
Craisins

31

Waffles
Served with Syrup

1 Free Breakfast Per Student Per Day

Menu Subject to Change

