

# OCTOBER 2022

# Glen Cove School District

## BREAKFAST



## Elementary School



**Milk**  
1%  
Fat free

**Fruit**

Assorted Fresh Fruit  
Fruit cup

**OFFERED DAILY:**

**Assorted Cereal**

**Juice is Only served 2x a week**

MONDAY

3

Assorted Muffins  
Cheese Stick

TUESDAY

4

Assorted  
Yogurt & Granola  
Craisins

WEDNESDAY

5

No School

THURSDAY

6

Fresh Bagels  
Cream Cheese & Jelly

FRIDAY

7

Egg & Cheese  
Sandwich  
On a Croissant

10

No School

11

Assorted  
Yogurt & Granola  
Craisins

12

Fresh Bagels  
Cream Cheese & Jelly

13

Waffles  
Served with Syrup

14

Egg & Cheese  
Sandwich  
On a Sweet Roll

17

Assorted Muffins  
Cheese Stick

18

Assorted  
Yogurt & Granola  
Craisins

19

Fresh Bagels  
Cream Cheese & Jelly

20

Pancakes  
Served with Syrup

21

Egg & Cheese  
Sandwich  
On a Croissant

24

Assorted Muffins  
Cheese Stick

25

Assorted  
Yogurt & Granola  
Craisins

26

Fresh Bagels  
Cream Cheese & Jelly

27

Waffles  
Served with Syrup

28

Egg & Cheese  
Sandwich  
On a Sweet Roll

31

Assorted Muffins  
Cheese Stick



**1 Free Breakfast Per Student Per Day**

**Menu Subject to Change!**

