

# NOVEMBER 2022

Type Your School Name Here

## BREAKFAST



### Elementary School



**Milk**  
1%  
Fat free

**OFFERED DAILY:**

**Fruit**  
Assorted Fresh Fruit  
Fruit cup  
100% Fruit Juice 2x week

**Assorted Cereal**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancakes  
Served with Syrup

2

Fresh Bagels  
Cream Cheese & Jelly

3

Egg & Cheese  
Turkey Sausage Patty  
Sandwich

4

Assorted Muffins  
Cheese Stick

7

Assorted  
Yogurt & Granola  
Fruit

8

School Closed

9

Fresh Bagels  
Cream Cheese & Jelly

10

Egg & Cheese  
Turkey Sausage Patty  
Sandwich

11

School Closed

14

Assorted  
Yogurt & Granola  
Fruit

15

Waffles  
Served with Syrup

16

School Closed

17

Egg & Cheese  
Turkey Sausage Patty  
Sandwich

18

Assorted Muffins  
Cheese Stick

21

Assorted  
Yogurt & Granola  
Fruit

22

Pancakes  
Served with Syrup

23

Fresh Bagels  
Cream Cheese & Jelly

24

School Closed

25

School Closed

28

Assorted  
Yogurt & Granola  
Fruit

29

Waffles  
Served with Syrup

30

Fresh Bagels  
Cream Cheese & Jelly

