

DECEMBER 2022

Glen Cove School District

LUNCH



High School



Milk
1%
Fat free

Fruit
Assorted Fresh Fruit
Fruit cup

OFFERED DAILY:

Sandwiches
Peanut Butter & Jelly
Cheese Sandwich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Free Lunch Per Student Per Day
Menu Subject to Change



5
Baked Ziti
Steamed Broccoli
WG Dinner Roll

6
Chicken Poppers
Green Beans
Cookie Treat

7
Hamburger
on a whole Grain Bun
Sweet Potato Fries

8
Chicken Nuggets
Roasted Zucchini
Sweet Dinner Roll

9
Pizza
Garden Green Salad

12
Homemade
Grilled Cheese
Baby Carrots

13
Crispy Chicken Tenders
Green Beans
Sunchips

14
Spaghetti and Meatball
Texas Toast
Steamed Broccoli

15
Brunch for lunch
Breaded Chicken Patty
Waffles
Tater Tots
Syrup

16
Pizza
Garden Green Salad

19
Baked Mozzarella Stick
Served with
Marinara Sauce
Zucchini

20
Teriyaki Chicken
Brown Rice
Green Beans

21
Taco's
Served with
Black Beans
Lettuce, Salsa & Cheese
Baked Scoops

22
BBQ Grilled Chicken
Served on a WG Bun
Corn

23
Pizza
Roasted Carrots

26
School Closed

27
School Closed

28
School Closed

29
School Closed

30
School Closed