



High School



Milk
1%
Fat free

OFFERED DAILY:

Fruit
Assorted Fresh Fruit
Fruit cup
100% Fruit Juice 2x weekly

Assorted Cereal



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 FREE BREAKFAST FOR ALL STUDENTS
MENUS ARE SUBJECT TO CHANGE



1

2

Egg & Cheese Sandwich

Cereal Meal Kit

5

6

7

8

9

Assorted Muffins
Cheese Stick

Egg & Cheese
Tukey Sausage Patty
Served on a
English Muffin

Fresh Bagels
Cream Cheese & Jelly

Waffles
Served with Syrup

New York Yogurt
Granola & Fruit

12

13

14

15

16

Assorted Muffins
Cheese Stick

Egg & Cheese
Served on a
Croissant

Fresh Bagels
Cream Cheese & Jelly

Pancakes
Served with Syrup

New York Yogurt
Granola & Fruit

19

20

21

22

23

Assorted Muffins
Cheese Stick

Egg & Cheese
Tukey Sausage Patty
Served on a
English Muffin

Fresh Bagels
Cream Cheese & Jelly

Waffle
Served with Syrup

New York Yogurt
Granola & Fruit

26

27

28

29

30

School Closed

School Closed

School Closed

School Closed

School Closed