

GLEN COVE CITY SCHOOL DISTRICT
Glen Cove, New York 11542
YOUR CHILD'S TEETH – IMPORTANT FACTS

Dear Parent:

More than 95 percent of all decay takes place or begins between the ages of 5 and 18 (the school years). Not all tooth decay has to happen though. Now, while they are young, children should be taught the need for developing good dental health habits, habits that will do much to guard against tooth decay – children's greatest dental problem. Some simple rules may help...they are easy to follow. They may help your child enjoy a lifetime of bright, perfect smiles and spare him or her from needless discomfort and pre-mature loss of teeth. Start your child off now on this program:

1. Visit your dentist regularly. By correcting little flaws before they become big problems, he will save your child from serious dental troubles in the future.
2. Eat a well-balanced diet of wholesome foods – lean meat, fish, poultry, cereals and dairy products. Fresh fruits and vegetables are good for dental health and also make tasty snacks.
3. Brush immediately after meals, if possible, because all decay begins within just minutes after eating. Brush in the direction the teeth grow – down on the upper teeth, up on the lower teeth. If brushing is not possible, rinsing the mouth with water will help.

Remember, no child can do his best work in school if he is bothered by dental problems. And nothing adds more to his or her pleasing appearance and happy personality than a healthy mouth and sparkling teeth. Thank you for your cooperation.

Superintendent of Schools

Please detach and return

ANNUAL DENTAL REPORT

NAME _____

HOME ROOM _____

INSPECTED ON _____

TREATMENT NOT NECESSARY _____

TREATMENT IN PROGRESS _____

TREATMENT COMPLETED ON _____

SIGNATURE OF DENTIST

IF NOT UNDER TREATMENT, PLEASE GIVE REASON

DATE

SIGNATURE OF PARENT